



LAMBERHURST ST MARY'S CEP SCHOOL WEEKLY NEWSBRIEF

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HEADTEACHER AWARDS

Weekly Headteacher Awards of Gold stickers and certificates were presented by Class Teachers to the following children at today's Celebration Assembly:

Ruby Class (Yr R)-Bea Caddick
Emerald Class (Yr 1)-James Simmons
Topaz Class (Yr 2)-Harrington Blowers
Amber Class (Yr 3)-Evie Coleman-Wanstall
Sapphire Class (Yr 4)-Grace Catton
Garnet Class (Yr 5)-Harriet Hungerford
Diamond Class (Yr 6)-Tabitha Pascoe

HALF TERM BREAK

We break up today for half term break and we wish everyone a safe, happy and restful break.

Return to school on Tuesday 8th June

SUMMER UNIFORM

We will continue with the school shoes amnesty until the end of this academic year. Pupils may wear any sensible closed shoes or trainers that fit them. No open sandals please for safety. In September all pupils will be expected to return to black uniform school shoes.

Red check summer dresses may be worn up to the end of Autumn Term 2 (October half term break) and winter uniform may be worn throughout the whole school year if preferred.

SUN HATS AND SUN CREAM

We are all hoping that summer finally arrives over the half term break and continues for Term 6.

On very hot and sunny days sun cream should be applied at home. Please do not send sunscreen into school. Sun hats should be either red check to match the summer dresses, plain straw with a red ribbon or the red school baseball style caps. Please ensure that these are in school bags every day for Term 6.

Today you will also receive via ParentMail:

- Photographs of our Everest Challenge Day
- Summer Holiday Musical Dance Club Flyer

PTA SUMMER TERM EVENTS REMINDER

Don't forget these important dates for your diaries:

- Friday 18th June - 'Break the rules Uniform Day' in return for either a £2 donation or a filled jar for the children's Summer Fayre stall (Own clothes, crazy hair, face paint, coloured nails.....)
- Friday 9th July - PTA Children's Summer Fayre (more details to follow)

YEAR 6 BIKEABILITY

Congratulations to all of our Year 6 pupils who completed their 'Bikeability' training and assessments this week.

They have been presented with their official Level 1 or Level 2 awards today.



YEAR 6 CAKE BAKE AND SALE

It has certainly been a very busy week for Year 6! Not only completing their Bikeability training and tests but also baking some amazing cakes as part of their Design Technology lessons. They used their creative wares to also raise money for Demelza House Children's Charity and have donated £120. Well done Year 6 and many thanks to you all for supporting them and buying their cakes.



EVEREST SPONSORED CHALLENGE

'They came, they climbed, they did it!'

Congratulations to the whole school who took part in our PTA Fundraising Everest Challenge today to mark the anniversary, on 29th May 1953, when Sir Edmund Hillary and his Sherpa- Tenzing Norgay were the first Adventurers to climb to the summit of Mount Everest, the highest mountain in the world.

Today, the pupils of Lamberhurst St Mary's collectively 'climbed' the equivalent height of Mount Everest on a course up to the 'peak' of the footpath, down the village hill, a final ascent up Pearse Place, across the school climbing wall and the final descent....down the slide!

We were also honoured and delighted to welcome Matt Mitchell, National Rugby Manager for the charity 'Wooden Spoon'. Matt broke two world records for playing rugby on Mount Everest.

Matt kindly gave talks about his ascent and the challenges that his team faced to each of our class bubbles. He gave everyone a motivational send off as part of our assembly this morning and was also at the start line to set each class off: **'Everyone has talent-even if you haven't discovered it yet, Hard work, Keep focussed &a little bit of luck in life'**



Year 4 Interview with Matt Mitchell

- What does it feel like to break a world record? *'The world records we broke were the icing on the cake, more than anything the opportunity to see Everest up-close and meet the Sherpas and local people was better than both my world records.'*
- Did you enjoy the experience? *'There were times that I did not enjoy, for example, the hard work I had to put into the training, getting up early to go running with a backpack in the rain was no fun. However, the hard work made sure that I did not get altitude sickness. Overall you get what you put in-so yes I did enjoy it'*
- Did you use Burmese Mountain Dogs? *'No, but we saw some-they look like lions & I had my photo taken with one-they are huge!'*
- What other foods did you eat? *'As well as lizards and chicken feet-it was mostly spicy Chinese style food with lots of rice but the Nepalese catering team at Base Camp were amazing-they even made a birthday cake for one of our players.'*
- What was the biggest glacier you saw? *'We walked up the Rongbuk Glacier which is formed by two glaciers- The East and West Rongbuk, but the best glacier was a frozen waterfall we walked up on one of our training exercises.'*
- How much can a mountain Yak carry? *'They had to carry lots of equipment, I think they hadn't carried rugby posts before!'*
- What was the temperature? Was it easy to sleep? *'At night it went down to -20, enough to make your breath freeze. Luckily, we had very thick down sleeping bags and insulation mats. It was not easy to sleep because I shared a tent with a friend and the lack of oxygen can make you gasp, snore and wake up suddenly-plus it is not easy sleeping on rocks, especially when it is not flat.'*
- Were the yaks happy in their job & how did they know where to go? *'The yak herders point them in the right direction and they follow each other-so the yak herder only has to worry about the one at the front.'*
- Did you see any mountain goats? *'Yes, I did see a few but we saw very little wildlife.'*
- How bright was it? *'I should have taken better sunglasses and a wide brimmed hat, as the sun was very strong'*
- How long did it take to get down? *'We set off at 9am and it took 15 hours to get from Advanced Base Camp to Base Camp-we did not stop at the Intermediate Camp on the way down.'*
- Scale of 1-10 how enjoyable was it and did you get poorly? *'It ranged from 1-10! There were highs and lows-10's were the successes. 1's when people had to leave the mountain.....I was lucky that I didn't really get poorly. I only had mild symptoms of altitude sickness'*
- Was it the best mountain you've climbed? *'Everest is the ultimate mountain to climb, although other mountains can be more difficult'*