



NEWSLETTER

LAMBERHURST ST MARY'S CE PRIMARY SCHOOL WEEKLY NEWS

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HEADTEACHER AWARDS

Ruby Class (Yr R)-Caspar

Irving

Emerald Class (Yr 1)-Natalia

Wojcik

Topaz Class- (Yr 2)-Austen

Purseglove

Amber Class- (Yr 3)-Natalia

Bingham

Sapphire Class- (Yr 4)-Millie

Gibson

Garnet Class-(Yr 5)-Noah

Birch

Diamond Class-(Yr 6)-The

Whole Class for being amazing during SAT's Week!

'Oscar'-Jess Berry

Best Manners Award-Blake

Jeffery & Fern Moger

GREAT AMBASSADORS!

Mrs Bromley was very pleased and extremely proud to receive the message below in an email from an Executive Officer at High Weald Academy.

'Please can you pass on a huge thank you to the teachers and children who went swimming today and boarded their bus in complete silence so as not to disturb our students who were sitting a GCSE exam in a room next to where the bus was parked. I was so impressed with how sensible and considerate the children were, and their thoughtful actions were really appreciated'

Well done Year 4 & 5 pupils for being such great ambassadors for our school and providing such a positive impression for the reputation of our school.

SALUS TEAM BUILDING PROJECT

We are very pleased that our school has, successfully been selected to take part in a six week fully funded, team building project with SALUS Youth Services.

The project is fully funded by KCC for a select group of schools and will be led by a professional project Officer. During the six weeks Year 3 & Year 4 pupils and their teachers will take part in workshops to celebrate their personal identity, recognise and respect difference and other team building activities. Much of the work will be driven by the children's thoughts and feelings and will be presented in an assembly presentation to the school on Tuesday 16th July at 10am. Parents are warmly invited to join us for this celebration and sharing of the project. We have had the privilege of working with SALUS many times over the years and this work has helped significantly in developing support and learning opportunities for children and young people.

FATHER'S DAY BREAKFAST

Our Father's Day Breakfast takes place on Friday 14th June 8-8.45am. Booking and payment is via ParentMail and all bookings need to be made by Friday 7th June (first week back after Half term Break) so that the food can be ordered. Tickets are £4 per family.

WALKING FOR LAMBERHURST

From June 13th to June 16th, AnnMarie Pantony, Mummy of Ella in Year 1 and Louis who joins Reception this September, will be walking the 100 miles of the South Downs Way from Winchester to Eastbourne, to raise money for our school and for Young Minds, the UK's leading charity fighting for children and young people's mental health.

AnnMarie is hoping this will be as much a spiritual achievement as a physical one as she has lived in all three of the counties she shall be walking through (Hampshire, West Sussex and East Sussex).

She is hoping to be joined by some friends, including other school mums, and family at various points of the route, so do get in touch with her if you too would like to join her.

The links to the sponsorship pages are below so please donate what you can to one or both of these:

Young Minds

<https://www.justgiving.com/fundraising/annmarie-pantony2>

Lamberhurst St Mary's PTA

<https://mydonate.bt.com/fundraisers/annmariepanony2>



YEAR 5 TASTER DAY

Current Year 5 pupils are, invited to The High Weald Academy on 18th June for a taster day, to experience life in a successful secondary school during a normal working day, and meet with students from other local primary schools.

The High Weald School understands that making the step from primary to secondary school can be a daunting one for both the child and parents and would like to offer this opportunity to ease some of those concerns and answer any queries that may be beginning to arise.

Throughout the day students will take part in a range of subject taster sessions, familiarise themselves with the environment and meet with members of the academy community.

Pupils who wish to attend should arrive at High Weald between 9.15am and 9.30am and be collected at 1.00pm. Please be aware that there is limited parking on site.

Pupils will need to bring their training shoes, and either a pen or pencil, in addition to a bottle of water and a snack. The High Weald hopes that by spending the day with them, will help parents in making the big decisions around which school will be best for your child ahead of the October 2019 deadline. To confirm your child's place, please visit the school website: www.highwealdacademy.kent.sch.uk/tasterdays

Please provide all details, including medical consent and emergency contact numbers. Should you have any questions regarding this day, please contact the academy office on (01580) 712754 or email eng@thehighweald.kent.sch.uk

MENTAL HEALTH AWARENESS WEEK

This week is Mental Health Awareness Week and parents will have seen lots of initiatives and activities in the media, including some excellent television and radio programmes designed to raise awareness and promote positive mental wellbeing. On Monday the mental health initiative Heads Together encouraged hundreds of radio stations across the UK to come together with a special one-minute message to encourage and support conversations around mental health. The #MentalHealthMinute message was led by HRH The Duke of Cambridge and included famous voices such as Stephen Fry and Katy Perry.



This year's minute is all about the importance of listening, and the difference we can make to someone when we take the time to stop and to listen. Talking about mental health can be challenging and it is important to show that people are listening when someone opens up, and when it comes to volunteering in mental health, the power of listening is often at the heart of it. There has long been a stigma attached to talking about mental health and, though it has lessened in recent years, it is good to remember that there are people around us, whether it be our family, friends or those in our community, who are desperate to be heard and we can help by taking the time to listen to them.

DOVE SELF ESTEEM PROJECT

The resources for this project can help parents to boost children and young people's mental health and to be more body confident in a connected world. The theme this year is 'Body image - how we think and feel about our bodies'.
<https://parentzone.org.uk/dove-self-esteem-project>

The Be Body Positive pack can help boys and girls to think more positively about their body and boost their self-esteem.

It includes a 40-page Parent Guide with advice, activities and action checklists for families to use at home. Parents may also like to look at the following books:

The Unworry Book from Usborne for age 9+ is full of things children can do to sort through their worries and thoughts through a variety of activities.

Looking after your Mental Health from Usborne for age 11+ talks about emotions, what can cause them and covers topics such as friendships, social media and bullying. The HappySelf Journal for ages 6-10 is written by local author Francesca Geens from Hawkhurst. The Journal brings the science of happiness and growth mindset principles to children in a beautifully illustrated daily journal.

Today you will also receive:

Y3 & Y4 ~ SALUS Workshop
Permission forms

Today you will also receive via ParentMail:

Every Family ~ Premier Holiday
Camps Flyer

SCHOOL DATES 2018/19

Tuesday	23 rd April	Start Term 5
Monday	20 th May	Year 1 Forest School
Tuesday	21 st May	Swimming Y4 & Y5
Tuesday	21 st May	Ruby Class Forest Learning Days
Wednesday	22 nd May	Year 3 Forest School
Tuesday	21 st May	Y4,Y5 & Y6 Girls Kwik Cricket
Friday	24 th May	'Fantastic Fred Day' End of Term - 3.20 pm

Monday	3 rd June	Start Term 6
Monday	3 rd June -10 th June	Year 1 Forest School
Monday	3 rd June	Year 3,4,5 & 6 First Aid Day
Tuesday	4 th June -9 th July	Swimming Y4 & Y5
Tuesday	4 th June	Year 1 & 2 First Aid Afternoon
Wednesday	5 th June	Year 3 Forest School
Friday	7 th June	Ruby Class Drusillas Outing
Friday	7 th June	Year 6 Forest School
Friday	7 th June	PTA Dress Down Day - Bottles for Fete
Wednesday	12 th June & 19 th June	Year 2 Forest School
Friday	14 th June	PTA Dress Down Day - Jars for Fete
Friday	14 th June	Father's Day Breakfast 8.00-8.45am
Tuesday	18 th June	Year 5 High Weald Academy Taster Day 9.15-1.00pm
Friday	21 st June	PTA Dress Down Day - Cakes and Plants for Fete
Saturday	22 nd June	School Summer Fete 11-3pm
Monday	24 th June-26 th June	Year 6 Bowles Residential Trip
Tuesday	25 th June - 10 th July	Year 2 Forest School
Wednesday	26 th June	Year 5 Bethany School - Beauty and the Beast
Friday	28 th June	Year 3 & 4 Outing Canterbury Museum
Friday	28 th June	Year 6 Kent Police Day
Friday	5 th July	Open School Day
Friday	5 th July	PTA Second Hand Uniform Sale - Drop Off & Pick Up
Monday	8 th July	Parent Consultations 2.30-5.00pm
Tuesday	9 th July	Parent Consultations 8-9.20am
Wednesday	10 th July	Parent Consultations 8-9.20am
Thursday	11 th July	PTA Summer Disco 5pm
Monday	15 th July	Sports Day 9.30am
Tuesday	16 th July	Y3 & Y4 Salus Youth Workshops - Parent Presentation 10.00am
Wednesday	17 th July	Year 6 Leavers Assembly & Lunch 10.00am
Thursday	18 th July	Annual School Hike
Friday	19 th July	Year 6 Farewell 1.15pm End of Term -2 pm