



NEWSLETTER

LAMBERHURST ST MARY'S CE PRIMARY SCHOOL WEEKLY NEWS

School office: secretary@lamberhurst.kent.sch.uk Mrs Bromley: headteacher@lamberhurst.kent.sch.uk
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HEADTEACHER AWARDS

Ruby Class (Yr R)- Louis

Pantony

Emerald Class (Yr 1)-Oliver

Warburton

Topaz Class- (Yr 2)-Oliver

Downey

Amber Class- (Yr 3)-Lewis

Kennedy

Sapphire Class- (Yr 4)-Daisy

Clinch

Garnet Class-(Yr 5)-Joshua

Jones

Diamond Class-(Yr 6)-Freya

Murphy

'Oscar'- Eve Rahman Waywell

Best Manners Award-

Fyn Mercer & Antonia King

THANK YOUR VICAR WEEK

Next week from 13th - 20th Oct is 'Thank Your Vicar Week'.

This special week invites schools and churches to celebrate their vicar and all they do for their local communities.

This lovely initiative is organised by an organisation called St Lukes, which also raises funds to support the health and wellbeing of clergy in times of need.

It would be so lovely if every family in our school could make a huge effort to send our amazing vicar, Reverend Andrew Axon a small token, card or message to let him know just how much he is: loved, valued and appreciated in our school community.

The school office can pass these onto him for families next week.

'WORLD CAVITY-FREE FUTURE DAY'

A quarter of children begin school with rotten teeth, with the removal of rotten teeth being the biggest contributor to British children being admitted to hospital (resulting in 60,000 missed school days per year).

This is easily preventable motivating a charity to run 'World Cavity-Free Future Day'. This year, it is on Monday 14th October and they want to raise awareness of some key facts for parents:

(a) Limiting sugar for under 2's can lead to a lifetime of health benefits.

For more information, visit <https://www.acffglobal.org/wcfday/> #WCFFDay #CavityFree #ACFF #OralHealth #BabiesAreSweetEnough
(b) Brushing your child's teeth from an early age can help prevent cavities, as they grow older.

<https://www.acffglobal.org/wcfday/> for more useful tips on the fight against cavities. #WCFFDay #CavityFree #ACFF #OralHealth #BabiesAreSweetEnough
Alliance for a Cavity-Free Future Guy's Hospital, Floor 17, Tower Wing, London.

POKEMON CARDS

It is with regret that due to issues with Pokemon Cards this week. Pokemon Cards are now banned in school.

JOLLY SCRUMPTIOUS



JOLLY SCRUMPTIOUS CUPCAKES HALF TERM CLASS

Join the Jolly Scrumptious team for this Halloween children's cupcake decorating class as they turn icing into scary and spooky decorations.

Each child will receive six pre-baked cupcakes, make Halloween themed decorations for each one, pipe their own buttercream swirl and add sprinkles for that finishing touch.

Wednesday 23rd October 10.30-12.30 at Teise & Coffee in Lamberhurst £20 per child. Suitable for children aged 5+.

Places must be booked in advance. Booking available at www.jollyscrumptiouscupcakes.com

COMPUTER MONITOR NEEDED

We are in urgent need of a computer monitor for one of our desktop computers. In our bid to support recycling we are asking if any parents or the companies that parents work for have any, good quality unwanted monitors that can be donated to the school. Please contact Mrs Bromley or the school office if you can help us.

PLASTIC BOTTLES NEEDED!

Lamberhurst Guides are collecting plastic bottles and need your help. They need any size *round* bottles and only need the bottoms so if it easier for transportation, simply cut the bottles, leaving the bottom third, and bring them to school and put in the box in reception. Thank you!

THE MERRY ROOSTERS

TMR are a local bunch of mums and dads, who all love to get on stage and put on a fun show! Many of the cast either have children still in the school, work in the school or are in fact ex pupils!

The Very Merry Roosters are delighted to present 'Free & Easy'. A jukebox musical comedy, set in a pub at the end of the 60's, an era when every teenager, 'worth their salt' owned a transistor radio to listen to pop music on the move!

Free & Easy follows the lives of pub regulars as they come together every Wednesday night for open mike night, a musical crammed full of sing along chart topping 60's hits.

Unfortunately, Ron Stone the brewery's consultant who has a new plan threatens this happy pub, and a revised tenancy agreement... will they save the pub? Dig out your 60's outfits, dress up and join the fun in the Wadhurst Commemoration hall: Thursday 17th, Friday 18th and Saturday 19th Oct, doors open at 7pm, show starts 7:30pm. Sunday 20th Oct, doors open 5.30pm, show starts at 6pm. Tickets £9 available email:

tvmroosters@gmail.com

Or online:

<https://www.ticketsource.co.uk/wadhurstdramatics/the-very-merry-roosters-free/e-kypeyk>

THE WEALD FAMILY HUB

Many of you will already know that Thursday 10th October was World Mental Health Day. As part of Lamberhurst St Mary's continued focus on mental health, we wanted to share with you the work the Weald Family Hub has been doing in partnership with the school for the last 18 months to access additional support for pupils and their families.

According to recent reports, it is estimated that 1 in 8 children aged 5 to 19 experienced a mental health disorder last year. This worrying trend is currently worsening. To compound this, NHS support for young people's mental health is currently heavily over-subscribed and it can take up to 18 months to access support.

The Weald Family Hub believes that young people shouldn't have to reach crisis point before they get help. It is vital that young people get help with their mental health when they first need it and leaving it too late can be devastating. The Hub's aim is to ensure that mental health support is accessible, affordable and available in schools in the Weald.

It is recognised that, at certain periods in children's lives, events or changes can happen that can trigger anxiety and negative feelings. Changes such as moving home or school, the birth of a new sibling, the loss of a pet or a bereavement in the family can all affect children. Children's anxiety and negative feelings usually pass. However, if a child is distressed for a long time or if their feelings are stopping them from getting on with their daily lives it can be helpful to seek professional support.

Working in partnership with the school the Weald Family Hub provides Lamberhurst St Mary's access to subsidised professional mental health counsellors, as well as trained volunteers who provide support to families where life is particularly challenging or difficult. The counselling provides children with up to 18 weeks of personalised support within school hours and on the school site each year.

Good mental health provides the foundation for children to achieve their aspirations and it is widely recognised that mental health is just as important as physical health. Good mental health allows children to develop the resilience they need to cope with whatever life throws at them. Through the provision of accessible mental health support for children and their families the Weald Family Hub will help to make a positive difference in the mental wellbeing of at least 50 families across the Weald this year.

The Weald Family Hub is a local charity founded by the local churches, and is funded by the generosity of individuals and local fundraising activities. If you would like to get involved or would like to know more about the work we do please contact wealdfamilyhub@gmail.com. If you would like to receive, a regular update then please sign up for our monthly e-news at bit.ly/thewealdfamilyhub.

The Weald Family Hub,
The Vicarage, Back Lane,
Goudhurst. TN17 1AN

Today you will also receive in school bags:

Every Pupil ~ Christmas Card design & order form

Today you will also receive via ParentMail:

Every Family ~ Guys Hospital Oral health information poster and teeth brushing chart

SCHOOL DATES 2019/20

Wednesday	4 th September	Start Term 1
Tuesday	15 th October 3 rd December	Years 4, 5 & 6 Swimming Lessons
Wednesday	16 th October	Year 1 Forest School
Monday	14 th October -15 th October	Travelling Book Fair
Monday	14 th October	Parent Consultations 3.00-5.30 pm
Tuesday	15 th October	Parent Consultations 8.00-9.20am
Wednesday	16 th October	Parent Consultations 8.00-9.20am
Thursday	17 th October	PTA Disco 5pm-6.30pm Booking Deadline-Friday 11th October
Friday	18 th October	End of Term 1
Monday	28 th October	Inset Day Christmas Card Online Order Deadline
Tuesday	29 th October	Start of Term 2 Christmas Card Artwork Return to School Deadline - for Ordered items only
Wednesday	30 th October	NHS Height & Weight Programme Year R & Year 6
Wednesday	30 th October-13 th November	Year 3 Forest School
Friday	1 st November	PTA Quiz Night 7.30pm-10.30pm
Sunday	17 th November	PTA Welly Walk -10am at the Vineyard
Monday	18 th November	Happy Bag Collection -9.00am
Wednesday	20 th November-4 th December	Year 4 Forest School
Friday	6 th December	PTA Christmas Jumper Day
Wednesday	11 th December	Christmas Performance 2pm
Thursday	12 th December	Christmas Performance 2pm
Friday	13 th December	Christmas Performance 2pm
Monday	16 th December	PTA Childrens' Christmas Market
Wednesday	18 th December	Class Parties
Thursday	19 th December	NHS Flu Vaccination Programme Year R-Year 6
Friday	20 th December	9.30am Christmas Church Service Christmas Lunch for Staff, Governors and Pupils End of Term - 2pm